

TRAINING PROGRAM CONTENT

Rehab Project

TRAINING MODEL

- Training modules will consist of two phases.

These stages are:

- 1) Module for families of addicted individuals

- 2) Addicted individual module

Family Education Program



Family Education Program

- Family informing activities
 - Drug use prevention studies
 - Reduce and eliminate drug use
 - Family communication skills
(family communication,
progress of the family to the
experts, family and institutional
communication)
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Addicted individual module

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Addicted individual module

- It should be planned so that the person can live without substance use and prevent recurrence
- Ensuring that the personal and social life of the person will be facilitated and equipped with skills to enable them to overcome the obstacles
- Social support should be arranged to facilitate the healthy life of the person.

Addicted Individual Program

- Individual counseling (overcoming addicted)
- Group Counseling (Group-peer communication and involvement)
- Psycho-education meetings
- Family therapies
- Occupational therapy
- Legal support
- Self-help groups
- Social support
- Occupation
- Follow-up after rehabilitation program

Content of Rehabilitation Program

- Psycho-education meetings
- Individual therapies
- Group therapy
- Family therapies
- Occupational therapy
- Legal support
- Self-help groups
- Social support
- Occupation
- Follow-up after rehabilitation program